



Appendix 4.

Timed Up & Go test

The patient has to sit on a standard armchair of about 46 cm seat height. The person has to wear his/her regular footwear and uses their customary walking aid. Aid by another person is not permitted.

Please give the following command to the patient and measure the time, which he/she needs to perform the complete task (start point for measurement: when the patient's back is no longer in contact with the back of the chair; end-point: when the patient's buttocks touch the seat of the chair again).

Could you please stand up from the chair, walk 3 metres, turn around, walk back, and sit down again, when I say go?

- Please note the required seconds: _____s
- If the patient is not able to perform this task at the moment, please tick in the CRF "Patient cannot perform this at the moment"